

**THIS WEEK'S MENU. For all food allergens, refer to file.**

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	<b>Breakfast every day</b>	Assorted fruit yoghurts, cereal and porridge with assorted toppings. Wholemeal toast with butter, honey, marmite, and jam. Fresh fruit selection. Tea, whole milk or water.						
	<b>Breakfast</b>	Scrambled eggs & crumpets	Croissants & fruit juice	Baked beans & hash browns	Brioche & bacon	Baked eggs & petit pains	Belgian waffles & fruit juice	Sausages & fromage frais
<b>Fruit break</b>		Selection of fresh fruit offered every day						
<b>LUNCH</b>	<b>Lunch</b>	Chicken korma, rice, poppadums, cucumber & mango chutney	Roast turkey, new potatoes, pigs in blankets, carrots & gravy	Beef stroganoff with tagliatelle and mixed salad	Braised steak with mashed potatoes and carrots	Teriyaki salmon with noodles and beanshoot salad	Tomato & bacon pasta with grated cheese and sugar snap peas	Roast pork with apple sauce, roast potatoes carrots and gravy
	<b>Vegetarian / Restricted diet</b>	Lentil dahl	Roasted vegetable tart	Mushroom stroganoff	Quorn fillets	Plain & cheese omelettes	Tomato pasta	Salmon fillets
	<b>Pudding</b>	Lemon cake	Apricot crumble & vanilla sauce	Treacle sponge & custard	Mandarin & ginger cheesecake cup	Fruity crispy cake	Jelly & cream	Ice lollies
	<b>Lunch every day</b>	Selection of baked potatoes, cold meats and fish on salad bar, optional salmon fillets or chicken thighs on hot counter. Fresh fruit selection, homemade rice pudding every day in winter.						
<b>Little Tea</b>		Shortbread with water & squash	Pizza pinwheels with water & squash	Tunnock wafers with water & squash	Iced vanilla sponge with water & squash	Cookies with water & squash	Mint clubs with water & squash	-----
<b>TEA</b>	<b>Tea</b>	Sausages, fried eggs, chunky chips, beans & tomatoes	Beef burger with cheese & salad and curly fries	Chicken drumsticks, with coleslaw & sweetcorn	Katsu chicken curry with rice, sweetcorn and cucumber	Mini pizzas with chunky chips, corn cobs & salad	Petit pain with salami, mozzarella, tomato, prawns & pasta salad	Chilli beef fajitas with wraps, potato wedges, salsa, sour cream, salad & cheese
	<b>Vegetarian / Restricted diet</b>	Vegetarian sausages	Spicy bean burger	Tomato & mozzarella pasta	Katsu quorn curry	Mini pizzas	Cheese & onion quiche	Vegetarian wraps
	<b>Soup &amp; bread rolls</b>	Spinach & nutmeg soup	Sweet potato & rosemary soup	Butternut squash & sage soup	Tomato and basil soup	Carrot & coriander soup	Roasted red pepper soup	Sweetcorn chowder soup
	<b>Tea every day</b>	2 <sup>nd</sup> choice option, salad bar selection, cheese and biscuits, yoghurts, wholemeal bread with butter, marmite, honey and jam. Fresh fruit selection. Tea, whole milk or water. Soup and rolls every day in winter						
<b>Evening snack</b>		Milk and biscuits, cereal and toast, depending on the year group						

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