

THIS WEEK'S MENU. For all food allergens, refer to file.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Breakfast every day	Assorted fruit yoghurts, cereal and porridge with assorted toppings. Wholemeal toast with butter, honey, marmite, and jam. Fresh fruit selection. Tea, whole milk or water.						
	Breakfast	Croissants & blueberries	Bacon & mushrooms	Greek yoghurt with honey and fruit toppings	Pain au chocolat & milkshake	Scrambled eggs & crumpets		
Fruit break		Selection of fresh fruit offered every day						
LUNCH	Lunch	Sausage meat plait, roasted new potatoes, broccoli and ratatouille	Beef hot pot, green beans & cabbage	Turkey tagine with rice, carrots and sweetcorn	Pork in plum sauce with pak choi, beanshoots, babycorn, mange tout and noodles	Home for the exeat weekend		
	Vegetarian / Restricted diet	Roasted vegetable tart	Vegetable hot pot	Chickpea & spinach tagine	Vegetarian stir fry			
	Pudding	Strawberries, meringues & cream	Chocolate & pear sponge with crème fraiche	Fruit salad	Mango sorbet			
	Lunch every day	Selection of baked potatoes, cold meats and fish on salad bar, optional salmon fillets or chicken thighs on hot counter. Fresh fruit selection, homemade rice pudding every day in winter.						
Little Tea		Flapjack with water & squash	Cheese scones with water & squash	Penguins with water & squash	Banana & choc chip cake with water & squash			
TEA	Tea	Tandoori chicken thighs, rice and naan bread with mango chutney	Cod goujons, chips & peas	Sliced ham, rolls, potato salad, egg mayonnaise, coleslaw & salad	Mixed grill; hash brown, sausage, bacon, beans, mushrooms etc			
	Vegetarian / Restricted diet	Vegetarian curry	Spicy bean burger	Salads	As above			
	Soup & bread rolls	French onion soup	Minestrone soup	Celery & Stilton soup	Watercress soup			
	Tea every day	2 nd choice option, salad bar selection, cheese and biscuits, yoghurts, wholemeal bread with butter, marmite, honey and jam. Fresh fruit selection. Tea, whole milk or water. Soup and rolls every day in winter						
Evening snack		Milk and biscuits, cereal and toast, depending on the year group						

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