

BREAKFAST		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	Breakfast every day	Assorted fruit yoghurts, cereal and porridge with assorted toppings. Wholemeal toast with butter, honey, marmite, and jam. Fresh fruit selection. Tea, whole milk or water.							
	Breakfast	Baked beans & mini rosti	Scrambled egg & mushrooms	Pancakes & blueberries	Bacon & petit pain	Boiled eggs & crumpets	Croissants & fruit juice	Sausages & Fromage frais	
Fruit break		Selection of fresh fruit offered every day							
LUNCH	Lunch	Red thai curry with rice & prawn crackers	Lamb ragu with tagliatelli and roasted vegetables	Lasagne with garlic bread & peas	Braised steak with mashed potatoes and broccoli	Scampi, chips & peas with tartare sauce	Macaroni cheese with tomatoes, and salad	Roast beef with Yorkshire pudding roast potatoes, peas, carrots and gravy	
	Vegetarian / Restricted diet	Vegetable thai curry	Quorn and roasted vegetable ragu	Vegetable & lentil lasagne	Braised quorn	Banoffee cake	Cheesy pasta bake	Falafel	
	Pudding	Lime & Coconut icecreams	Strawberry gateau	Apple & raspberry filo pie	Lemon cheesecake cups	Cheese & plain omelettes	Strawberry jelly	Choc ices	
	Lunch every day	Selection of baked potatoes, cold meats and fish on salad bar, optional salmon fillets or chicken thighs on hot counter. Fresh fruit selection, homemade rice pudding every day in winter.							
Little Tea		Chocolate shortbread with water & squash	Pinwheels with water & squash	Club biscuits with water & squash	Chocolate brownies with water & squash	Cookies with water & squash	Biscuits with water & squash	-----	
TEA	Tea	Chicken & Sweetcorn pie with new potatoes with broccoli	Pulled pork, brioche buns, potato wedges and salad	Flat bread with breaded chicken breasts, salsa, guacamole & salad	Pasta with assorted sauces	Chicken tikka masala with rice & naan bread, cucumber sticks & mango chutney	Sausage rolls, potato salad, crudites and houmous	Thai chicken with vegetables and egg noodles	
	Vegetarian / Restricted diet	Quorn & sweetcorn pie	Spicy bean burger	Pasta salad	As above	Chickpea dahl	Cheese & onion slice	Thai tofu	
	Soup & bread	Pea & ham soup	Lentil soup	Leek & Potato soup	Spiced parsnip soup	French onion soup	Chicken noodle soup	Tomato & basil soup	
	Tea every day	2 nd choice option, salad bar selection, cheese and biscuits, yoghurts, wholemeal bread with butter, marmite, honey and jam. Fresh fruit selection. Tea, whole milk or water. Soup and rolls every day in winter							
Evening snack		Milk and biscuits, cereal and toast, depending on the year group							