

THIS WEEK'S MENU. For all food allergens, refer to file.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Breakfast every day	Assorted fruit yoghurts, cereal and porridge with assorted toppings. Wholemeal toast with butter, honey, marmite, and jam. Fresh fruit selection. Tea, whole milk or water.						
	Breakfast	Hash browns & baked beans	Soft boiled eggs & crumpets	Ham, cheese & tomato bagel with fruit juice	Pancakes, blueberries & syrup	Brioche & chipolatas		
Fruit break		Selection of fresh fruit offered every day						
LUNCH	Lunch	Chinese New Year Chicken chow mein, pork ribs & prawn crackers	Shepherd's pie & carrots	Turkey curry, rice mango chutney, poppadoms & cucumber sticks	Sausage casserole, mash & broccoli	EXEAT		
	Vegetarian / Restricted diet	Vegetable spring rolls, & mushroom chow mein	Spinach & butter bean pie	Chickpea & potato curry	Mixed bean casserole			
	Pudding	Mango sorbet	Apple & raspberry filo pie & custard	Fruit salad & cream	Pear & chocolate sponge with chocolate sauce			
	Lunch every day	Selection of baked potatoes, cold meats and fish on salad bar, optional salmon fillets or chicken thighs on hot counter. Fresh fruit selection, homemade rice pudding every day in winter.						
Little Tea		Cantonese steamed sponge cake	Savoury pin wheels	Donuts	Cherry shortbread			-----
TEA	Tea	Beef & pepper stir fry, sugar snaps & broccoli, egg fried rice & dim sums	Cod goujons, chunky chips & peas	Match: Hot dogs, onions & curly fries Tea: Chicken Kievs, saute potatoes, peas & coleslaw	Pasta & sauces, grated cheese & garlic bread			
	Vegetarian / Restricted diet	Tofu & pepper stir fry	Omelettes	Veggie Kievs	Pasta & sauces			
	Soup & bread	Chicken noodle	Heinz tomato	French onion	Carrot & corriander			
	Tea every day	2 nd choice option, salad bar selection, cheese and biscuits, yoghurts, wholemeal bread with butter, marmite, honey and jam. Fresh fruit selection. Tea, whole milk or water. Soup and rolls every day in winter						
Evening snack		Milk and biscuits, cereal and toast, depending on the year group						