

## THIS WEEK'S MENU. For all food allergens, refer to file.

	16/03/20	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	<b>Breakfast every day</b>	Assorted fruit yoghurts, cereal and porridge with assorted toppings. Wholemeal toast with butter, honey, marmite, and jam. Fresh fruit selection. Tea, whole milk or water.						
	<b>Breakfast</b>	Boiled eggs & croissants	Baked beans & mini waffles	Belgian waffles & fruit juice	Bacon & mushrooms	Cheese & tomato bagels & hot chocolate	Greek yoghurt, blueberries & honey	Sausages & fromage frais
<b>Fruit break</b>		Selection of fresh fruit offered every day						
<b>LUNCH</b>	<b>Lunch</b>	Sausage meat plait, new potatoes, sweet corn & onion gravy	St Patricks' Day Beef & Guinness pie, mash & broccoli	Meatballs & pasta with tomato & basil sauce, mixed salad and grated cheese	Shepherd's pie & carrots	Scampi, chips, peas, lemon wedges and tartar sauce	Macaroni cheese, sliced tomatoes, and sweet corn	To be decided
	<b>Vegetarian / Restricted diet</b>	Roasted vegetable tart	Vegetable pie	Vegetable meatballs	Veggie Shepherd's pie	Cheese & plain omelettes	Macaroni cheese	
	<b>Pudding</b>	Steamed jam sponge & custard	Irish flag colours	Rice Krispie cake	Strawberry cheesecake cups	Chocolate & pear crumble with chocolate sauce	Ice cream roll	
	<b>Lunch every day</b>	Selection of baked potatoes, cold meats and fish on salad bar, optional salmon fillets or chicken thighs on hot counter. Fresh fruit selection, homemade rice pudding every day in winter.						
<b>Little Tea</b>		Banana loaf cake	Pizza pin wheels	Orange club	Cookies	Iced cake	Doughnuts/biscuits	-----
<b>TEA</b>	<b>Tea</b>	Chicken fajitas wraps, peppers, onions, sour cream, cheese, lettuce & tomatoes	Fish fingers, chips & peas	Chicken Katsu curry, rice, grated carrot, cucumber & sweet corn	Sliced ham, fried eggs, saute new potatoes & peas	Vegetable lasagne, salad & dough balls	Mixed grill	Beef burger in a brioche bun, herbed potatoes, salad, coleslaw, & cheese slices
	<b>Vegetarian / Restricted diet</b>	Vegetable wraps	Breaded quorn filet	Veggie Katsu curry	Fried eggs	Vegetable lasagne	Veggie grill	Vegetable burger
	<b>Soup &amp; bread</b>	Watercress	Tomato	Butternut squash & sage	Chicken noodle	Spiced parsnip	Cauliflower & cumin	Minestrone
	<b>Tea every day</b>	2 <sup>nd</sup> choice option, salad bar selection, cheese and biscuits, yoghurts, wholemeal bread with butter, marmite, honey and jam. Fresh fruit selection. Tea, whole milk or water. Soup and rolls every day in winter						
<b>Evening snack</b>		Milk and biscuits, cereal and toast, depending on the year group						