

THIS WEEK'S MENU. For all food allergens, refer to file.

WEEK ONE

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Breakfast every day	Assorted fruit yoghurts, cereal and porridge with assorted toppings. Wholemeal toast with butter, honey, marmite, and jam. Fresh fruit selection. Tea, whole milk or water.						
	Breakfast	Poached egg & brioche	Hash browns & tinned tomatoes	Pain au chocolat & hot chocolate	Scrambled egg & baked beans	Croissants and fruit juice	Bacon and mushrooms	Sausages & fruit yoghurts
Fruit break		Selection of fresh fruit offered every day						
LUNCH	Lunch	Chicken katsu curry, rice, carrots, sweetcorn & cucumber	Sausages, mashed potatoes, Yorkshire puddings, broccoli and gravy	Spaghetti Bolognese, garlic bread, sweet corn and grated cheese	Roast chicken, roasted new potatoes, cauliflower, leeks, bread sauce and gravy	Scampi, fries, peas, lemons, and tartare sauce	Meatballs, pasta, tomato sauce, cucumber sticks and cheese	Roast beef, roast potatoes, carrots, peas, Yorkshire puddings, gravy, horseradish sauce
	Vegetarian / Restricted diet	Breaded schnitzels	Vegetarian sausages	Vegetarian Bolognese	Ratatouille	Mixed omelettes	Vegetarian meatballs	Falafels
	Pudding	Strawberry ice cream and fruit coulis	Mandarin orange jelly cups and cream	Chocolate Krispy cake	Syrup sponge and custard	Apple and apricot crumble with custard	Jam sponge ice cream roll	Twister ice creams
	Lunch every day	Selection of baked potatoes, cold meats and fish on salad bar, optional salmon fillets or chicken thighs on hot counter. Fresh fruit selection, homemade rice pudding every day in winter.						
Little Tea		Lemon drizzle cake	Pesto & chorizo pinwheels	Iced doughnut	Home cooked cookies	Banana cake	Penguins	-----
TEA	Tea	Pan fried steak, loaded potato skins, cheese and chive dip, onion rings and peas	Salmon fish cakes, green vegetable medley and boiled potatoes in butter and parsley	Match Tea: Beef burger Spanish rice, wings, chorizo, cocktail sausages, mixed vegetables	BLTs, back bacon, floured baps, curly fries, iceberg lettuce & sliced tomato	Shepherds' pie, mash, carrots and cauliflower	Pizza, corn cobs, coleslaw, wedges and salad	Hot dogs, rolls, onions, sautéed potatoes, tomato and mixed leaves
	Vegetarian / Restricted diet	Stuffed peppers	Sesame & soy tofu	Rice with Buffalo vegan wings	Bean burger	Vegetarian pie	Margherita pizza	Vegetarian hot dog
	Soup & bread	French onion	Chicken noodle	Cream of vegetable	Minestrone	Sweet potato & rosemary	Leek & potato	Sweet corn chowder
	Tea every day	2 nd choice option, salad bar selection, cheese and biscuits, yoghurts, wholemeal bread with butter, marmite, honey and jam. Fresh fruit selection. Tea, whole milk or water. Soup and rolls every day in winter						
Evening snack		Milk and biscuits, cereal and toast, depending on the year group						