

THIS WEEK'S MENU. For all food allergens, refer to file.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Breakfast every day	Assorted fruit yoghurts, cereal and porridge with assorted toppings. Wholemeal toast with butter, honey, marmite, and jam. Fresh fruit selection. Tea, whole milk or water.						
	Breakfast		Hash browns & baked beans	Belgian waffles & fruit juice	Scrambled eggs & smoked salmon	Ham & cheese croissant	American pancakes & blueberries	Sausages & fruit yoghurts
Fruit break		Selection of fresh fruit offered every day						
LUNCH	Lunch		Braised beef, baby new potatoes, cabbage & leeks, gravy	Lasagne, garlic bread, mixed salad	Sausage meat plait, roasted potatoes, broccoli, gravy	Breaded fish, chips, peas, lemon wedges, tartare sauce	Pasta, crispy bacon, tomato sauce, cheese, sugar snap peas	Roast beef, roast potatoes, carrots, peas, Yorkshire puddings, gravy, horseradish sauce
	Vegetarian / Restricted diet		Vegetable tart	Roasted vegetarian lasagne	Vegetarian plait	Mixed omelettes	Tomato pasta	Quorn in gravy
	Pudding		Chocolate cake	Ice cream with hot fudge sauce	Fruit salad	Apple filo pie & custard	Fruit & jelly pots with cream	Cornettos
	Lunch every day	Selection of baked potatoes, cold meats and fish on salad bar, optional salmon fillets or chicken thighs on hot counter. Fresh fruit selection, homemade rice pudding every day in winter.						
Little Tea			Sausage rolls	Kit-Kat	Chocolate brownie	Yum yums	Gingerbread men	-----
TEA	Tea		Chicken burgers, rolls, iceberg lettuce, tomatoes, sweet potato fries	Match tea: cheese & onion slice Ham, eggs, tomatoes, herb diced potatoes	Beef fajita, sour cream, spicy wedges, cheese, salsa, salad	EVENT EVENING	Match tea: Hot dog Chicken Kiev, sauté potatoes, baked beans, coleslaw & roasted veg	Lamb kofta, pitta bread, cous-cous, falafel, tzatziki, corn cobs
	Vegetarian / Restricted diet		Vegetarian schnitzel	Egg rolls, cauliflower cheese	Mexican bean wraps		Red lentil roast	Halloumi
	Soup & bread		Thai coconut	Miso	Mexican bean	Roasted parsnip	Butternut squash & sage	Heinz tomato
	Tea every day	2 nd choice option, salad bar selection, cheese and biscuits, yoghurts, wholemeal bread with butter, marmite, honey and jam. Fresh fruit selection. Tea, whole milk or water. Soup and rolls every day in winter						
Evening snack		Milk and biscuits, cereal and toast, depending on the year group						