

THIS WEEK'S MENU. For all food allergens, refer to file.

WEEK ONE

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Breakfast every day	Assorted fruit yoghurts, cereal and porridge with assorted toppings. Wholemeal toast with butter, honey, marmite, and jam. Fresh fruit selection. Tea, whole milk or water.						
	Breakfast	Poached egg & mini rosti	Bacon & mushrooms	Pain au chocolat & hot chocolate	Scrambled egg & baked beans	Croissants and fruit juice	Pancakes & blueberries	Sausages & fruit yoghurts
Fruit break		Selection of fresh fruit offered every day						
LUNCH	Lunch	Chicken katsu curry, rice, carrots, sweetcorn & cucumber	Steak & ale pie, roasted new potatoes, broccoli	Spaghetti Bolognese, garlic bread, sweet corn and grated cheese	Sausage casserole, mash, cauliflower & leeks	Scampi, fries, peas, lemons, and tartare sauce	Meatballs, pasta, tomato sauce, cucumber sticks and cheese	Roast beef, roast potatoes, carrots, peas, Yorkshire puddings, gravy, horseradish sauce
	Vegetarian / Restricted diet	Breaded schnitzels	Chickpea & spinach pie	Vegetarian Bolognese	Ratatouille	Mixed omelettes	Vegetarian meatballs	Falafels
	Pudding	Ice cream roll	Valencia orange sponge & vanilla sauce	Chocolate Krispy cake	Carrot cake with frosting	Apple crumble with custard	Eclairs	Twister ice creams
	Lunch every day	Selection of baked potatoes, cold meats and fish on salad bar, optional salmon fillets or chicken thighs on hot counter. Fresh fruit selection, homemade rice pudding every day in winter.						
Little Tea		Lemon drizzle cake	Sausage rolls	Iced doughnut	Home cooked cookies	Banana cake	Penguins	-----
TEA	Tea	Cod goujons, green vegetable medley & chips	BBQ pulled pork, mixed rolls, onion rings, loaded potato skins with cheese and chive dip	Match Tea: Beef burger Spanish rice, wings, chorizo, cocktail sausages, mixed vegetables	Pan fried steak, herbed potatoes, sweet corn, mushroom & tomatoes	Shepherds' pie, mash, carrots and green beans	Match Tea: Chicken burger Pizza, corn cobs, coleslaw, wedges and salad	Hot dogs, rolls, onions, sautéed potatoes, tomato and mixed leaves
	Vegetarian / Restricted diet	Stuffed peppers	BBQ pulled jackfruit	Rice with vegan Buffalo wings	Bean burger	Vegetarian pie	Margherita pizza	Vegetarian hot dog
	Soup & bread	French onion	Chicken noodle	Cream of vegetable	Minestrone	Sweet potato & rosemary	Leek & potato	Sweet corn chowder
	Tea every day	2 nd choice option, salad bar selection, cheese and biscuits, yoghurts, wholemeal bread with butter, marmite, honey and jam. Fresh fruit selection. Tea, whole milk or water. Soup and rolls every day in winter						
Evening snack		Milk and biscuits, cereal and toast, depending on the year group						