

# WEEK COM 1<sup>ST</sup> JULY 24

	WC	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	DAILY	Assorted fruit yoghurts, cereal and porridge with assorted toppings. Wholemeal toast with butter, honey, marmite, and jam. Fresh fruit selection. Tea, whole milk or water.						
	BREAKFAST	HASH BROWNS & BEANS	SCRAMBLED EGGS	PAIN AU CHOCOLAT				
FRUIT BREAK		Selection of fresh fruit offered every day						
LUNCH	LUNCH	CRUSTED POLLACK FILLET GARLIC NEW POTATOES BROCCOLI FLORETS	PORK & CHORIZO PAELLA GREEN BEANS					
	VEGETARIAN/ RESTRICTED DIET	VEGETABLE GYOZA	VEGETABLE PAELLA					
	PUDDING	JAM SPONGE & CREAM	FRESH FRUIT SALAD					
	DAILY	Selection of baked potatoes, cold meats and fish on salad bar, optional salmon fillets or chicken thighs on hot counter. Fresh fruit selection, homemade rice pudding every day in winter.						
LITTLE TEA		CAKE SELECTION	KIT KAT					
TEA	TEA	SPICY CHICKEN PASTA BAKE BBQ MEATLOAF COURGETTES	STEAK CHUNCKY CHIPS GRILLED BABY TOMS MUSHROOMS & PEAS					
	VEGETARIAN/ RESTRICTED DIET	VEGETABLE PASTA BAKE	<b>DESSERT</b> FRUIT & CREAM CHOUX					
	SOUP & BREAD							
	TEA DAILY	2 <sup>nd</sup> choice option, salad bar selection, cheese and biscuits, yoghurts, wholemeal bread with butter, marmite, honey and jam. Fresh fruit selection. Tea, whole milk or water. Soup and rolls every day in winter						
EVENING SNACK		Milk and biscuits, cereal and toast, depending on the year group						

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