

W/C Mon 7 Sep 26

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	DAILY	Assorted fruit yoghurts, cereal and porridge with assorted toppings. Wholemeal toast with butter, honey, marmite, and jam. Fresh fruit selection. Tea, whole milk or water.						
	BREAKFAST				GRILLED BACON & BAKED BEANS	CHOCOLATE TWISTS	MINI POTATO WAFFLES PLUM TOMATOES	BUTCHERS SAUSAGES
FRUIT BREAK		Selection of fresh fruit offered every day						
	LUNCH			SPAGHETTI BOLOGNESE CHERRY TOMATOES CHEESE	LAMB ROGAN JOSH PILAU RICE ROAST CAULIFLOWER	TERYAKI SALMON EGG FRIED RICE SUGAR SNAP PEAS	PESTO CREAM CHICKEN LINGUINE TENDERSTEM BROCCOLI	ROAST BEEF & YORKSHIRE PUDDING ROAST POTATO
	VEGETARIAN/ RESTRICTED DIET			VEGE BOLOGNESE	SPINACH CHICK PEA CURRY	TOFU TERYAKI	LINGUINE ALFREDO	BEETROOT FALAFEL
	PUDDING			CHOCOLATE SPONGE & CHOCOLATE SAUCE	MERINGUE WITH PEACHES & CREAM	APPLE CRUMBLE & CUSTARD	FRUIT JELLY	ICED LOLLIES
	DAILY	Selection of baked potatoes, cold meats and fish on salad bar, optional salmon fillets or chicken thighs on hot counter. Fresh fruit selection, homemade rice pudding every day in winter.						
LITTLE TEA				CLUB BISCUITS	COOKIE TRAYBAKE	FLAPJACKS	DOUGHNUTS	
	TEA			LOADED FOCACCIA JACKET POTATOES VARIOUS FILLINGS	SAUSAGES FRIES CORN COBS & COLESLAW PASTA BAR	MEXICAN FAJITA NIGHT LOADED JACKETS	THAI BEEF MASSAMAN JASMINE RICE GREEN BEANS PASTA BAR	PASTA BAKE NIGHT JACKET BAR
	VEGETARIAN/ RESTRICTED DIET			MARGHERITA FOCCACIA	VEGE SAUSAGES	CHILI BEAN FAJITAS	VEGETABLE MASSAMAN	VEGE PASTA & JACKET OPTIONS
	SOUP & BREAD							
	TEA DAILY	2 nd choice option, salad bar selection, cheese and biscuits, yoghurts, wholemeal bread with butter, marmite, honey and jam. Fresh fruit selection. Tea, whole milk or water. Soup and rolls every day in winter						
EVENING SNACK		Milk and biscuits, cereal and toast, depending on the year group						