

W/C Mon 21 Sep – Celebrating European Languages Day

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	DAILY	Assorted fruit yoghurts, cereal and porridge with assorted toppings. Wholemeal toast with butter, honey, marmite, and jam. Fresh fruit selection. Tea, whole milk or water.						
	BREAKFAST	BOILED EGGS	GRILLED BACK BACON & MUSHROOMS	CINNAMON SWIRLS	HASH BOWNS & BAKED BEANS	FRIED EGGS	BLUEBERRY MUFFINS	BUTCHERS SAUSAGES & PETIT PAIN
FRUIT BREAK		Selection of fresh fruit offered every day						
	LUNCH	KATSU CHICKEN JASMINE RICE SWEETCORN	BEEF BOURGUIGNON NEW POTATOES TENDERSTEM BROCCOLI	PENNE ARABIATTA CRISPY SALAMI CHERRY TOMATOES	TOAD IN THE HOLE MASHED POTATOES GLAZED CARROTS	BREADED HADDOCK SKIN-ON FRIES PEAS TARTARE SAUCE	ALBONDIGAS PATATAS BRAVAS PISTO MANCHEGO (SPANISH ROASTED VEG)	ROAST LOIN OF PORK ROAST POTATOES CARROTS PEAS APPLE SAUCE
	VEGETARIAN/ RESTRICTED DIET	TOFU KATSU	VEGETABLE BOUGUIGNON	PENNE ARABIATTA	VEGE TOAD	OMELETTE VARIETY	MUSHROOM CREPE	FALAFEL
	PUDDING	WARM COOKIE SLICE & ICE CREAM	CHEESE, BISCUITS & GRAPES	STRAWBERRY MOUSSE	FROSTED CARROT CAKE	APPLE & BLACKBERRY CRUMBLE & CUSTARD	DULCHE DE LECHE CHOUX	ROCKET LOLLIES
	DAILY	Selection of baked potatoes, cold meats and fish on salad bar, optional salmon fillets or chicken thighs on hot counter. Fresh fruit selection, homemade rice pudding every day in winter.						
LITTLE TEA		GINGERNUT BISCUITS	BBQ CHICKEN WRAPS	JAM DOUGHNUTS MT:SAUSAGE ROLLS	OAT & RAISIN COOKIES	BANANA LOAF CAKE	BEIGNETS MT: PIZZA SLICE	
	TEA	BEEF LASAGNE GARLIC BREAD PEAS	FISH FINGER BAPS CHUNKY CHIPS BAKED BEANS	LEMON & HERB CHICKEN JACKET WEDGES CORN COBS	BEEF & TOMATO RAGOUT PESTO GNOCCHI GREEN BEANS	TERYAKI PORK VEGETABLE FRIED RICE	GERMAN LAMB GYROS GREEK SALAD SKINNY FRIES	CHICKEN & BACON PASTA BAKE SWEETCORN
	VEGETARIAN/ RESTRICTED DIET	VEGE LASAGNE	VEGETABLE KEBABS	STUFFED MUSHROOMS	TOMATO & VEG RAGOUT	VEGETABLE SPRING ROLLS	GRILLED HALLOUMI GYROS	VEGETABLE PASTA BAKE
	SOUP & BREAD							
	TEA DAILY	2 nd choice option, salad bar selection, cheese and biscuits, yoghurts, wholemeal bread with butter, marmite, honey and jam. Fresh fruit selection. Tea, whole milk or water. Soup and rolls every day in winter						
EVENING SNACK		Milk and biscuits, cereal and toast, depending on the year group						