

Menu Autumn – Celebrating Spanish National Day

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	DAILY	Assorted fruit yoghurts, cereal and porridge with assorted toppings. Wholemeal toast with butter, honey, marmite, and jam. Fresh fruit selection. Tea, whole milk or water.						
	BREAKFAST	POACHED EGGS	POTATO WAFFLES & PLUM TOMATOES	PAIN AU CHOCOLATE	GRILLED BACK BACON & BAKED BEANS	WAFFLES WITH MAPLE SYRUP	BUTCHERS SAUSAGES & PETIT PAIN	
FRUIT BREAK		Selection of fresh fruit offered every day						
	LUNCH	SPANISH CHICKEN PATATAS BRAVAS AOLI SAUCE ROASTED PADRONS	BEEF STEW & DUMPLINGS MASHED POTATO GLAZED CARROTS	PESTO CHICKEN LINGUINE CHERRY TOMATO BOWLS	LANCASHIRE HOT-POT GREEN BEANS	POACHED SALMON WITH DILL SAUCE GARLIC NEW POTATOES HISPI CABBAGE	LOADED MACCY CHEESE VEGETABLE MEDLY	
	VEGETARIAN/ RESTRICTED DIET	VEG & PANEER CURRY	VEGETABLE STEW	GARLIC MUSHROOMS	VEGETABLE HO	OMELETTE VARIETY	MACCY CHEESE	
	PUDDING	SPONGE & CRÈME CATALANA	CHEESE, BISCUITS & GRAPES	ARCTIC ROLL	BRIOCHE BREAD & BUTTER PUDDING & CREAM	CHOCOLATE ECLAIRS	FRUIT JELLY	
	DAILY	Selection of baked potatoes, cold meats and fish on salad bar, optional salmon fillets or chicken thighs on hot counter. Fresh fruit selection, homemade rice pudding every day in winter.						
LITTLE TEA		SHORTBREAD BISCUITS	SAVOURY PINWHEELS	RING DOUGHNUTS	WHITE CHOCOLATE CRISPY CAKE	HOMEBAKED COOKIES		
	TEA	FISH FINGER BAPS CHUCNKY CHIPS BAKED BEANS	ASIAN STYLE PORK & CHICKEN BAO PICKLED VEGETABLES	PHILLY CHEESEE STEAK SUBS FRENCH FRIES CORN RIBS	HOT HONEY CHICKEN TENDERS JACKET WEDGES PEAS	SPAGHETTI BOLOGNESE GARLIC BREAD SWEETCORN		
	VEGETARIAN/ RESTRICTED DIET	VEGE BURGER	VEGETABLE & TOFU BAO	SPICY VEG & CHEESE SUBS	HOT HONEY HALLOUM	VEGE BOLOGNESE		
	SOUP & BREAD							
	TEA DAILY	2 nd choice option, salad bar selection, cheese and biscuits, yoghurts, wholemeal bread with butter, marmite, honey and jam. Fresh fruit selection. Tea, whole milk or water. Soup and rolls every day in winter						
EVENING SNACK		Milk and biscuits, cereal and toast, depending on the year group						