W/C Mon 23 Nov 26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
DAILY	Assorted fruit yoghurts, cereal and porridge with assorted toppings. Wholemeal toast with butter, honey, marmite, and jam. Fresh fruit selection. Tea, whole milk or water.						
BREAKFAST		SCRAMBLED EGGS	CINNAMON SWIRLS	GRILLED BACK BACON & MUSHROOMS	SOURDOUGH CRUMPETS & BAKED BEANS	HASH BROWNS & PLUM TOMATOES	BUTCHERS SAUSAGES & PETIT PAIN
FRUIT BREAK	Selection of fresh fruit offered every day						
LUNCH	CHICKEN THIGHS IN MUSHROOM SAUCE NEW POTATOES SWEETCORN	BEEF STROGANOFF CRISPY CUBED POTATOES GLAZED CARROTS	CHICKEN KORMA BASMATI RICE NAAN & CUCUMBER STICKS	**LUDGROVE CHIP SHOP DAY**	BEEF IN BLACK BEAN SAUCE NOODLES & GREEN BEANS	FUSILLI PASTA TOMATO BASIL SAUCE CRIPSY BACON SWEETCORN	ROAST LEG OF LAMB ROAST POTATOES PEAS/CARROTS PARSNIPS
VEGETARIAN/ RESTRICTED DIET	MUSHROOMS IN CREAM SAUCE	VEGETABLE STROGANOFF	CAULIFLOWER & SPINACH KORMA	OMELETTE VARIETY	TOFU BLACK BEAN SAUCE	VEGETABLE PASTA	FALAFEL
PUDDING	BAKED RICE PUDDING	CHEESE, BISCUITS & GRAPES	GINGERBREAD ROCKY ROAD	PEAR AND CHOCOLATE SPONGE	APPLE FILO PIE & CUSTARD	FRUIT JELLY	ROCKET LOLLIES
DAILY	Selection of baked potatoes, cold meats and fish on salad bar, optional salmon fillets or chicken thighs on hot counter. Fresh fruit selection, homemade rice pudding every day in winter.						
LITTLE TEA	SHORTBREAD BISCUITS	PIZZA PIWHEELS	YUM YUMS	FLAPJACKS	BANANA LOAF CAKE	JAM DOUGHNUTS	
TEA	SAUSAGES CHIPS BAKED BEANS	KOREAN PORK SUBS TATA TOTS ASIAN SLAW	SPAGHETTI BOLOGNESE CHEESE CHERRY TOMATOES	BREADED CHICKEN BURGER CHIPOTLE MAYO SALAD BAR	HONEY ROAST GAMMON GARLIC MASH CAULIFLOWER CHEESE	JAMAICAN JERK CHICKEN JOLLOF RICE ROAST VEG	PASTA BAKE NIGHT GARLIC DOUGH BALLS GARLIC GREEN BEANS
VEGETARIAN/ RESTRICTED DIET	VEGE SAUSAGE	KOREAN TOFU VEG SUBS	SPAGHETTI MILANESE	BREADED HALLOUMI	CAULIFLOWER CHEESE	JAMAICAN QUORN JOLLLOF	PASTA BAKE
SOUP & BREAD	SOUP OF THE DAY						
TEA DAILY	2nd choice option, salad bar selection, cheese and biscuits, yoghurts, wholemeal bread with butter, marmite, honey and jam. Fresh fruit selection. Tea, whole milk or water. Soup and rolls every day in winter						
EVENING SNACK	Milk and biscuits, cereal and toast, depending on the year group						